

In The Name of God Sport Sciences Research Institute of Iran

Ministry of Science, Research & Technology

Date: 8/2/2023
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Ethics Approval of Research

This is to certify that the research project entitled 'The effect of self-compassion virtual training on basketball athletes' self-confidence and mental toughness' provided by *Mr. Omid Kalami Fard* has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code *IR.SSRI.REC.1401.1893*

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