

In The Name of God Sport Sciences Research Institute of Iran Ministry of Science, Research & Technology

Date: 10/11/2022 No: 11/56439

Ethics Approval of Research

This is to certify that the research project entitled 'The effect of double practice on forehand learning: with an emphasis on the intervening role of sleep quality and quantity' provided by *Mrs. Shahzad Tahmasebi* has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code *IR.SSRI.REC.1401.1752*

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