



Ethics Approval of Research

Trace Code
109896

This is to certify that the research project entitled '**The effect of eight weeks of aerobic exercises and consumption of phytoestrogenic plants on menopausal symptoms in women aged 45-55 years**' provided by *Mrs. Zohreh Eskandari* has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code ***IR.SSRI.REC.1401.1709***

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