



In The Name of God

Sport Sciences Research Institute of Iran
Ministry of Science, Research & Technology

Date: 3/9/2022

No: 11/55117

Ethics Approval of Research

Trace Code
108096

This is to certify that the research project entitled '**Acute hormone and blood lactate responses to two resistance exercise techniques (super set vs. compound set) in physically active men**' provided by *Mrs. Masoume Keshavarz* has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code ***IR.SSRI.REC.1401.1770***

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