



In The Name of God

Sport Sciences Research Institute of Iran
Ministry of Science, Research & Technology

Date: 24/8/2022

No: 11/54970

Ethics Approval of Research

Trace Code
107737

This is to certify that the research project entitled '**Comparison of the effect of 8 week resistance and aerobic training on serum levels of alpha and beta salucins and some indicators of lipid profile and insulin resistance in overweight / obese women**' provided by **Mrs. Mahnaz Omid** has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code **IR.SSRI.REC.1401.1484**

Ali Kashi, P.h.D.
SSRI Research Deputy

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