



### Ethics Approval of Research

This is to certify that the research project entitled '**Comparison of eight weeks of functional training and resistance training on the bio-motor abilities of elite female taekwondo players**' provided by **Mr. Abdolhossein Parnow** has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code ***IR.SSRI.REC.1401.1664***

Ali Kashi, P.h.D.  
SSRI Research Deputy

Trace Code  
106397