

In The Name of God Sport Sciences Research Institute of Iran Ministry of Science, Research & Technology

Date: 17/7/2022

No: 11/54284

Ethics Approval of Research

This is to certify that the research project entitled 'Comparison of eight weeks of functional training and resistance training on the bio-motor abilities of elite female taekwondo players' provided by *Mr. Abdolhossein Parnow* has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code *IR.SSRI.REC.1401.1664*

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