

Trace Code

106394

In The Name of God Sport Sciences Research Institute of Iran Ministry of Science, Research & Technology

17/7/2022 Date : 11/54285 No:

## Ethics Approval of Research

This is to certify that the research project entitled **'The** effect of six weeks of high intensity intermittent training on blood lactate Level, aerobic and anaerobic performance in elite male and female Karate athletes' provided by *Mr*. *Abdolhossein Parnow* has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code *IR.SSRI.REC.1401.1663* 

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