



Ethics Approval of Research

This is to certify that the research project entitled '**The comparison of effect of two resistance training method (pyramid and reverse pyramid) on antioxidant, oxidative stress plasma markers and inflammatory indices in overweight men**' provided by **Mr. Asad Mardani** has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code **IR.SSRI.REC.1399.797**

Trace Code
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