



### Ethics Approval of Research

This is to certify that the research project entitled ‘**The Effect of Eight- Weeks Fartlek Training on Lactate and Lactate Dehydrogenase Levels, Aerobic and Anaerobic Capacity of Young Football Players**’ provided by **Mrs. Azam Zarneshan** has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code ***IR.SSRI.REC.1401.1609***

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