



### Ethics Approval of Research

This is to certify that the research project entitled '**The effect of 8 weeks of combined training with and without blood flow restriction and vitamin D supplementation on serum alkaline phosphatase levels and c\_Reactive protein and muscle quality in elderly women**' provided by **Mrs. Maryam Rashvand Haranaki** has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code **IR.SSRI.REC.1401.1583**

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SSRI Research Deputy

Trace Code  
105560