



### Ethics Approval of Research

This is to certify that the research project entitled '**The effect of 8 weeks of combined training and consumption of nettle extract on some renal parameters, lipid profile, insulin resistance in people with hypertension with type 2 diabetes**' provided by **Mr. Ali Hemati Afif** has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code **IR.SSRI.REC.1401.1576**

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Trace Code  
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