



Ethics Approval of Research

This is to certify that the research project entitled '**Comparison of the effect of 12 weeks of functional and concurrent training on microRibomucleic Acid 126 and 1 expression, cardiovascular structure and function in middle-aged postmenopausal women**' provided by **Mrs. Leila Golroo Mofrad** has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code ***IR.SSRI.REC.1401.1392***

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Trace Code
105337