



Ethics Approval of Research

This is to certify that the research project entitled '**Comparison of the effect of 8 and 12 weeks of aerobic exercise with a low-calorie diet on lipid profile, insulin resistance, apoptotic characteristics, and immunological responses in rats with nonalcoholic fatty liver**' provided by **Mr. Farhad Rahmani Nia** has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code **IR.SSRI.REC.1401.1507**

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