



Ethics Approval of Research

This is to certify that the research project entitled '**The effect of eight weeks superset and compound set resistance training on salivary levels of Cortisol, testosterone and their ratio in young active women**' provided by **Mrs. Atefe Akef** has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code **IR.SSRI.REC.1401.1352**

Trace Code
103938

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