



Ethics Approval of Research

This is to certify that the research project entitled '**The effect of 8 weeks of combined training on cardiovascular risk factors, physical function, psychological well-being and quality of life of overweight elderly**' provided by **Mr. Kazem Cheragh Birandi** has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code **IR.SSRI.REC.1401.1597**

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Ali Kashi, P.h.D.
SSRI Research Deputy

Ali Kashi