



Ethics Approval of Research

This is to certify that the research project entitled '**Comparison of the effect of three methods of active, inactive recycling and sports massage on the activity of aspartate aminotransferase, aldolase and hematological indices of female runners**' provided by **Mrs. Marya Rahmani Ghobadi** has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code ***IR.SSRI.REC.1400.1341***

Ali Kashi, P.h.D.
SSRI Research Deputy

Ali Kashi

Trace Code
101365