



### Ethics Approval of Research

This is to certify that the research project entitled '**The effect of flow using mindfulness on spike performance with non-superior hands of semi-skilled volleyball players**' provided by **Mr. Saadat Taghimolla** has been reviewed in Research Ethics Committee of Sport Sciences Research Institute and was approved according to compliance with *Ethical Standards in Research* of the Ministry of Science, Research and Technology, with the code **IR.SSRI.REC.1400.1332**

Trace Code  
100792

Ali Kashi, P.h.D.  
SSRI Research Deputy

*Ali Kashi*